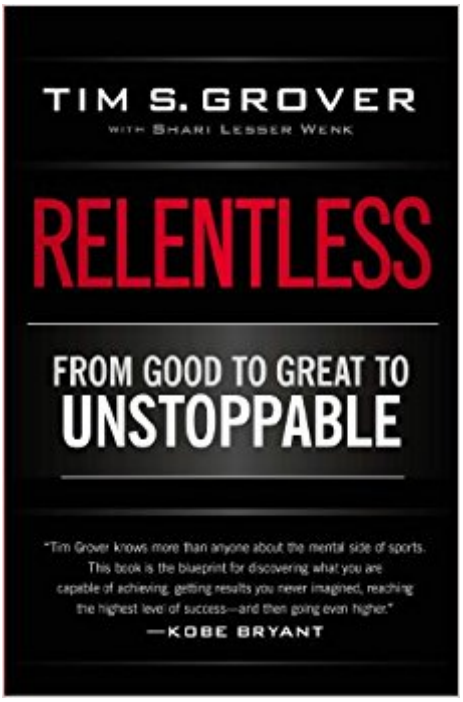
Ebook Directory
the best source of ebook

The book was found

Relentless: From Good To Great To Unstoppable



PDF
Adobe
DOWNLOAD EBOOK

Synopsis

Fore more than two decades, legendary trainer Tim Grover has taken the greatsÃ¢â ¬â •Michael Jordan, Kobe Bryant, Dwayne Wade, and dozens moreÃ¢â ¬â •and made them greater. Now, for the first time ever, he reveals what it takes to get those results, showing you how to be relentless and achieve whatever you desire.Direct, blunt, and brutally honest, Grover breaks down what it takes to be unstoppable: you keep going when everyone else is giving up, you thrive under pressure, you never let your emotions make you weak. In Ã¢â ¬Å“The Relentless 13,Ã¢â ¬Â• he details the essential traits shared by the most intense competitors and achievers in sports, business, and all walks of life. Relentless shows you how to trust your instincts and get in the Zone; how to control and adapt to any situation; how to find your opponentÃ¢â ¬â„¢s weakness and attack. Grover gives you the same advice he gives his world-class clientsÃ¢â ¬â •Ã¢â ¬Å“donÃ¢â ¬â„¢t thinkÃ¢â ¬Â•Ã¢â ¬â •and shows you that anything is possible. Packed with previously untold stories and unparalleled insight into the psyches of the most successful and accomplished athletes of our time, Relentless shows you how even the best get better . . . and how you can too.

Book Information

Paperback: 272 pages

Publisher: Scribner; 3/17/13 edition (March 11, 2014)

Language: English

ISBN-10: 1476714207

ISBN-13: 978-1476714202

Product Dimensions: 5.5 x 0.7 x 8.4 inches

Shipping Weight: 8.5 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 595 customer reviews

Best Sellers Rank: #1,849 in Books (See Top 100 in Books) #2 inÃ Â Books > Sports & Outdoors > Basketball #4 inÃ Â Books > Sports & Outdoors > Coaching > Training & Conditioning #55 inÃ Â Books > Business & Money > Business Culture > Motivation & Self-Improvement

Customer Reviews

"Tim Grover is the master of mental toughness. This book is the blueprint for discovering what you are capable of achieving, getting results you never imagined, reaching the highest level of success--and then going even higher." (Kobe Bryant)"I consider Tim Grover to be second to none in his knowledge of sports training, and he was an invaluable part of my training program. He is a take-charge person, with a deliberate but energetic and enthusiastic technique." (Michael

Jordan)"Tim GroverÃ¢â ¬â„¢s insight into leadership and excellence has taken the greats to the top, and his book will do the same for you. Relentless is about breaking the rules that hold you back and trusting your instincts to take you where you want to be." (Mike "Coach K" Krzyzewski, Duke University and USA MenÃ¢â ¬â„¢s Olympic Basketball head coach, and bestselling author of Leading with the Heart)Ã¢â ¬Å“This book will do for you what Tim has done for me--take you to the next level, and show you how to be the best at whatever you do. I have unbelievable trust and faith in him.Ã¢â ¬Â• (Dwyane Wade)"In all the years that I coached, inspired and trained world class athletes there was no better resource to collaborate with than Tim Grover." (Pat Riley, 8-time NBA champion and NBA Hall-of-Fame coach)"If you compete at anything--sports or business or life--you need this book. No one knows more than Tim Grover about competitive intensity, killer instinct and crushing the other guy. He is the best at what he does: Creating champions." (Charles Barkley)Ã¢â ¬Å“Grover finally marches the public behind the curtain of decades of work with the likes of Jordan and Kobe Bryant, a riveting read that balances the illumination of the work of those stars and how it can apply to everyone else. . . Magnificent.Ã¢â ¬Â• (Adrian Wojnarowski Yahoo! Sports)Straight up. Relentless...is one of the best books I've ever read. (Jim Rome)Ã¢â ¬Å“An opus on successful thinking.Ã¢â ¬Â• (Sun Sentinel)"A must-read... Grover calls upon his decades of experience working with the world's most eliteathletes to dissect what it takes not just to succeed, but to be the absolutebest." (Stack.com)

Tim S. Grover is the preeminent authority on the science and art of achieving physical and mental dominance. Since 1989, he has been theÃ Â CEO of Attack Athletics, travelling the world training,Ã Â consulting, and speaking about the principles of athletic excellence, relentless drive, and mental toughness to athletes, coaches, and business leaders. He is the author of Relentless: From Good to Great to Unstoppable. He is based in Chicago.Shari Lesser Wenk, co-writer of the bestselling Start Something by Earl Woods and the Tiger Woods Foundation, has worked on sports books as a literary agent, editor, and ghost writer since 1983. She lives in Chicago.

I had to come back and write this review because some of the negative reviews they're displaying on the main page almost talked me out of buying this book! Then I thought to myself.. "Man, who am I going to listen to? Some weak scrubs who took the time out of their day to write a poor review on OR a highly successful trainer who has been the go-to guy for some of the top basketball legends who ever played?"So I bought the book.BOOM! It nails it. I can relate to a lot of what he says. I've always known that there are just a lot of weak people out there that can't keep up or

perform at top levels. That’s not something to ignore and say "oh everybody is special in their own way" or "i’m sure he’s a nice person so it’s okay" - when it’s time to perform you have to perform! End of story. This book is for the people who can (or at least have the desire and are working on being able to) perform at top levels. It goes into the mindset of a high achiever. It gives you permission to act the way you already know you want to act deep down inside. If you always listen to the weak people and their beliefs on how you should behave it begins to tame your inner beast! This book is a breath of fresh air in a world where there’s an epidemic of mediocrity and conformity and weakness.

I choose this rating because it’s one of the best books I’ve read in some time that shows you how to get the absolute best from yourself even when you think you’re pretty damm good. There’s always another gear, but you must be working with a true professional to bring it out of you. Tim’s (I mean Mr. Grover) that guy. Can’t thank you enough!!!

I started reading this book expecting to be impressed but was blown away! It was real, honest and powerful.I recommend this book to anyone who is interested in doing some introspection and repositioning their attitude towards their life to achieve maximum positive results!Done.Next.

As a person who is already self motivated and pretty confident, I found relentless to be that coach who noticed the chinks in my armor and pushed me to re-evaluate my game a few levels higher. It deserves 5 stars but I’m mad because he got me! Haaaaa 5 Stars !

Starts a little bit to exagerated, but at the end I got to understand the mood. Great read for catching up with some inspiration

I believe the book is intense of content and strong in words. Surely make the concept clear and loud. After half of the book however it is repeating itself a bit too much. Clearly basketball is used as channels for make the point though I would prefer to see applied to other fields and business. I guess the author is expecting the reader to do the next step.I cannot recommend this book to everyone, only few will understand really what is in the pages and only few will be triggered. Most will read and dico,is Simon the content without a second thought, those are the average person while this book is for Cleaner or potential ones.

Haven’t read al the way through but loaded with great informaion !!

Didn’t think this book was great. This guy made a name for himself because he trained Micheal Jordan...and he lets you know he has trained many of basketball great ones. Not a ton of humility and not a ton of great information.

Download to continue reading...

Relentless: From Good to Great to Unstoppable Nate the Great Collected Stories: Volume 1: Nate the Great; Nate the Great Goes Undercover; Nate the Great and the Halloween Hunt; Nate the Great and the Monster Mess Good Forestry from Good Theories & Good Practices The Good, the Bad, and the Ugly Cincinnati Reds: Heart-Pounding, Jaw-Dropping, and Gut-Wrenching Moments from Cincinnati Reds History (The Good, the Bad, and the Ugly) (The Good, the Bad, & the Ugly) The Good, the Bad, and the Ugly Cleveland Indians: Heart-pounding, Jaw-dropping, and Gut-Wrenching Moments from Cleveland Indians History (The Good, ... and the Ugly) (The Good, the Bad, & the Ugly) The Good, the Bad & the Ugly Philadelphia Flyers: Heart-pounding, Jaw-dropping, and Gut-wrenching Moments from Philadelphia Flyers History (Good, the Bad, & the Ugly) (Good, the Bad, & the Ugly) Think Like a Warrior: The Five Inner Beliefs That Make You Unstoppable (Sports for the Soul Book 1) Think Like a Warrior: The Five Inner Beliefs That Make You Unstoppable (Sports for the Soul) (Volume 1) The Unstoppable Golfer: Trusting Your Mind & Your Short Game to Achieve Greatness Unstoppable: My Life So Far Ketogenic Diet: 21 Days To Rapid Fat Loss, Unstoppable Energy And Upgrade Your Life - Lose Up To a Pound a day (Includes The Very BEST Fat Burning Recipes - FAT LOSS CRACKED) Unstoppable Health: 7 Breakthrough Habits to Feel Younger, Grow Stronger, and Enjoy More Energy How To Approach Women: Fearless Approach, Approach Women And Life With Unstoppable Confidence (how to get a girl) The Billionaires Club: The Unstoppable Rise of FootballÃ¢â ¬â„¢s Super-rich Owners Unstoppable The Genius Files: Mission Unstoppable Unstoppable: The Incredible Power of Faith in Action Mission Unstoppable The Starfish and the Spider: The Unstoppable Power of Leaderless Organizations Unstoppable: From Underdog to Undefeated: How I Became a Champion

Contact Us

DMCA

Privacy

FAQ & Help